

"Lose The Fat FAST ... Keep Your MUSCLE!"

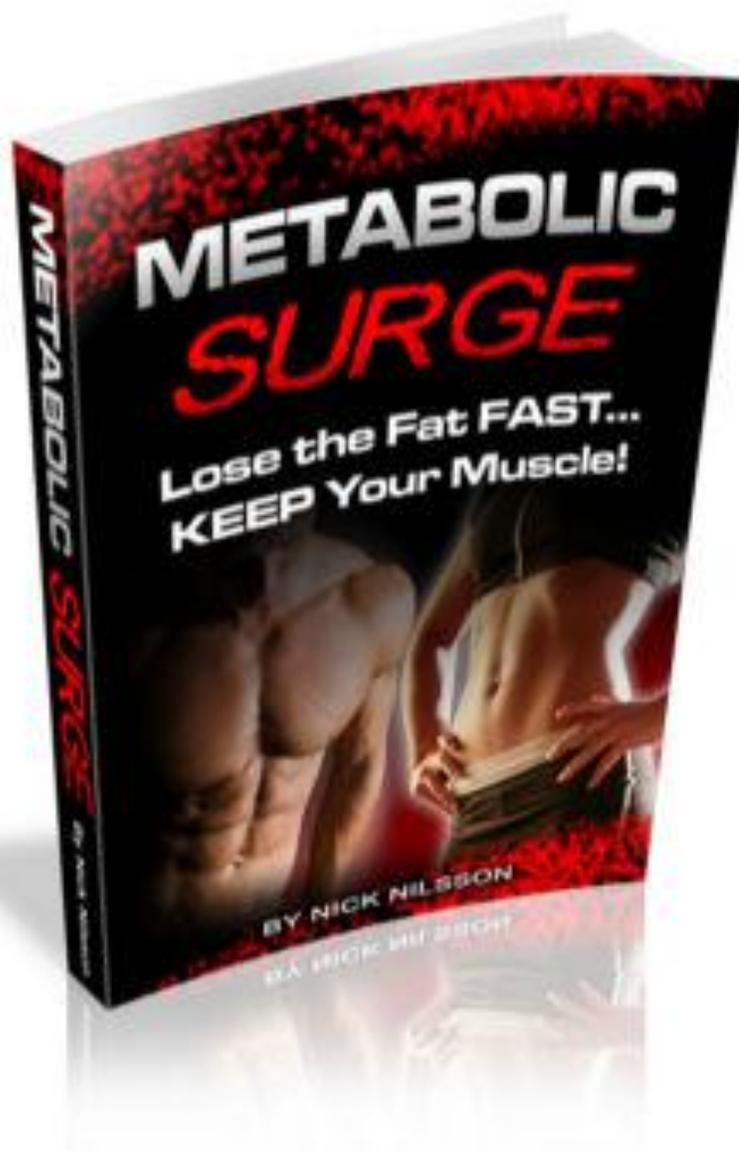
# Metabolic SURGE

RAPID FAT LOSS

As Seen In



## Metabolic Surge Affiliate Report



Prepared Especially for Travis Sago's Affiliates

# How to Get Your Clickbank ID

## Step 1:

Sign up for your free [ClickBank ID & Account - here](#) to become an affiliate. ClickBank is a trusted affiliate network, and a global leader in selling digital products.

## Step 2:

Copy the Affiliate Hop Link below and *replace* **XXXXXX** with your ClickBank Affiliate ID.

<http://XXXXXX.betteru.hop.clickbank.net/?l=400>

For more help on setting this up, please visit the following ClickBank webpage: <http://www.clickbank.com/help/affiliate-help/>

## Step 3:

Send people to buy **Metabolic Surge** through your affiliate link (above), and once a purchase has been made, ClickBank will take care of the rest!

ClickBank handles all of the sales, therefore you can be sure every sale you generate is *tracked* and *accounted* for. Like clock-work, ClickBank will mail you a check (or direct deposit) for a massive 75% of every sale, every 14 days. SO easy!

## Let's get started!

I can almost hear you thinking...“Oh no, not ANOTHER weight loss product! There’s no money to be made with this, the niche is saturated and too competitive!”

Listen, don’t be misled. There’s a **boatload** of money to be made in the weight loss/fitness niche. So why is it so hard to make money in that niche? Why isn’t everyone who promotes weight loss products making money hand-over-fist?



Because not everyone knows the secret.

There’s a secret to making money in the weight loss niche and if you don’t know it, you’re doomed to months and months of hard work with little to no results until you finally get so discouraged and disgusted that you simply give up.



So what is this “secret”? It’s simple, really. And once you learn it, you can apply it to many other huge, highly competitive, extremely lucrative niches.

And you CAN make money hand-over-fist.

The way to make money promoting weight loss or fitness products is by marketing them to micro-niches within those enormous “uber-niches”. If you try to do it any other way, your chances of success are greatly reduced.

Here’s why.

There are TONS of people (literally, LOL!) looking for a solution to their weight issues. The thing is, not everybody is looking for the same solution.

There are new moms who are looking to shed the “baby weight” they put on while they were pregnant.

There are college students trying to get rid of the “freshman fifteen” they put on while they were living off of pizza and Ramen noodles.

There are men and women who want to lose their middle-age spread and tone up their bodies.

There are morbidly obese teenagers who are overwhelmed at the amount of weight they need to lose.

I could go on and on, but I think you get the point I'm making here.

You simply can't market the same way to \*all\* of those groups. They all have different 'hot buttons'. They all have different circumstances and concerns. They're all seeking different benefits. And in order to successfully sell a weight loss product, it needs to speak to the specific concerns of a particular group.

It's your job, as an affiliate marketer, to match the right product to the right group of people. When you do that, **magic happens**...you WILL make money...and it will seem practically effortless.



To make it even easier for you to do that, Nick Nilsson has written **Metabolic Surge** to specifically target one of those micro-niches. This product was designed to meet the needs of people who are already training hard and are looking to maximize muscle while burning off tremendous amounts of fat.

Allow me to introduce you to Nick Nilsson.



Of course, Nick didn't start out looking that way...

Before he developed the Metabolic Surge training program...and 12 weeks later...



So this lets you know that Nick not only talks the talk, but indeed he walks the walk as well.

So let's dig a little deeper into **Metabolic Surge** and see why we're recommending it as a good product for you to promote.

First of all, in the affiliate marketing world, we like to look for niches that are evergreen, lucrative and vertical. The weight loss niche certainly meets those criteria very well and Nick has already done the vertical digging to find a nice micro-niche for you to target with **Metabolic Surge**.

We already know the weight loss niche is lucrative. It's also widely known that it's mostly evergreen. I say "mostly" because interest tends to drop significantly in December, and usually has a nice spike at the beginning of each year. Overall though, interest in weight loss remains fairly steady throughout the rest of the year.

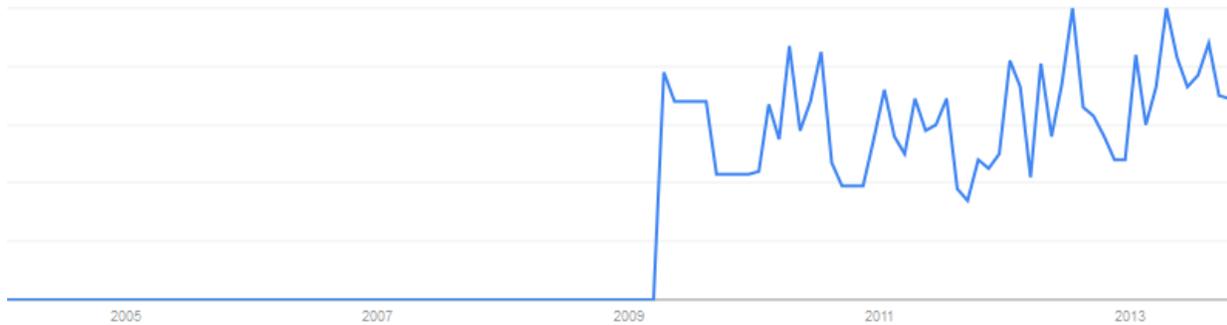
Take a look at the images below that support what I've just told you. We'll first look at the keyword phrase 'lose fat keep muscle', which is the cornerstone of **Metabolic Surge**.

lose fat keep muscle  
Search term

+ Add term

Interest over time ?

News headlines ?  Forecast ?



You can clearly see how interest picked up greatly in 2009 and has remained consistently high ever since.

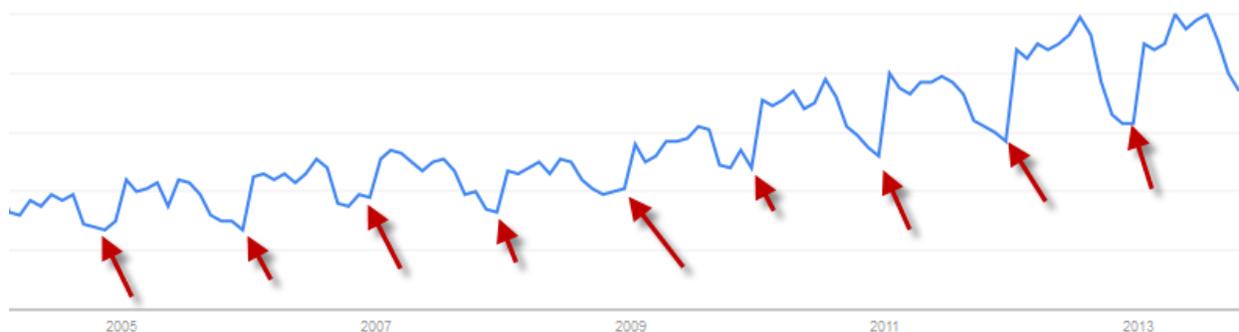
Next we'll look at results for the phrase 'burn fat'. As you may be noticing, I'm not talking much about losing \*weight\*...I'm specifically saying "losing fat". The reason is because this micro-niche is not concerned nearly as much with "weight loss" as they are with "fat loss". And there is a significant difference between the two.

burn fat  
Search term

+ Add term

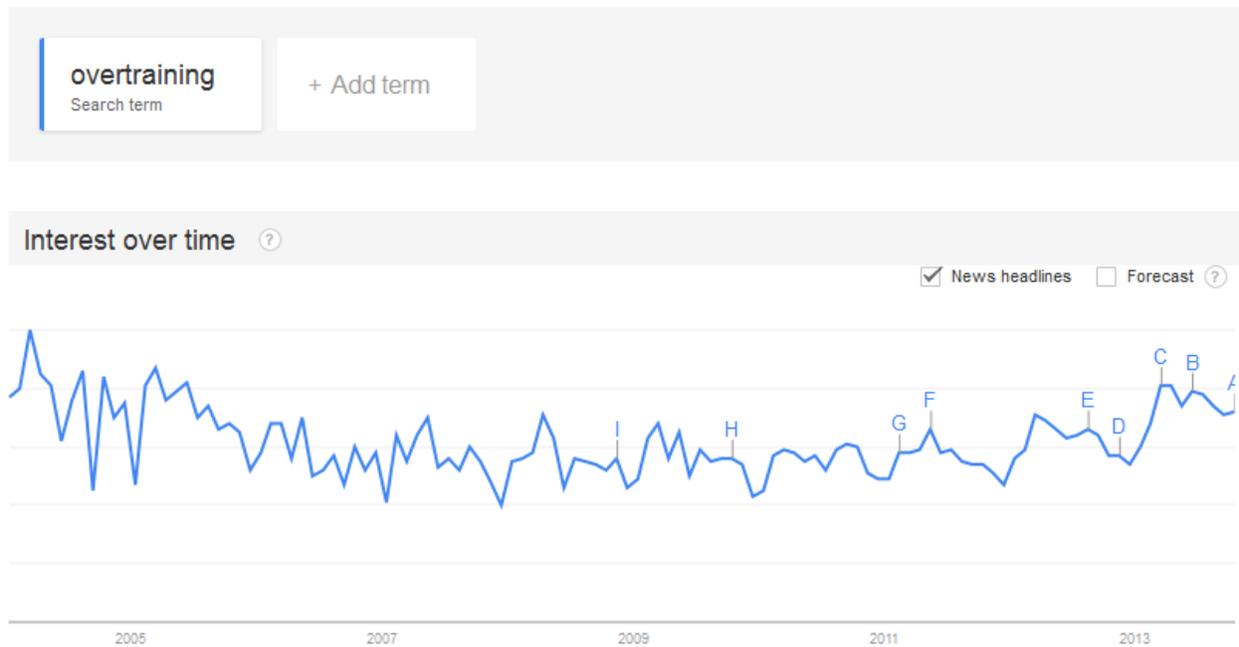
Interest over time ?

News headlines  Forecast ?

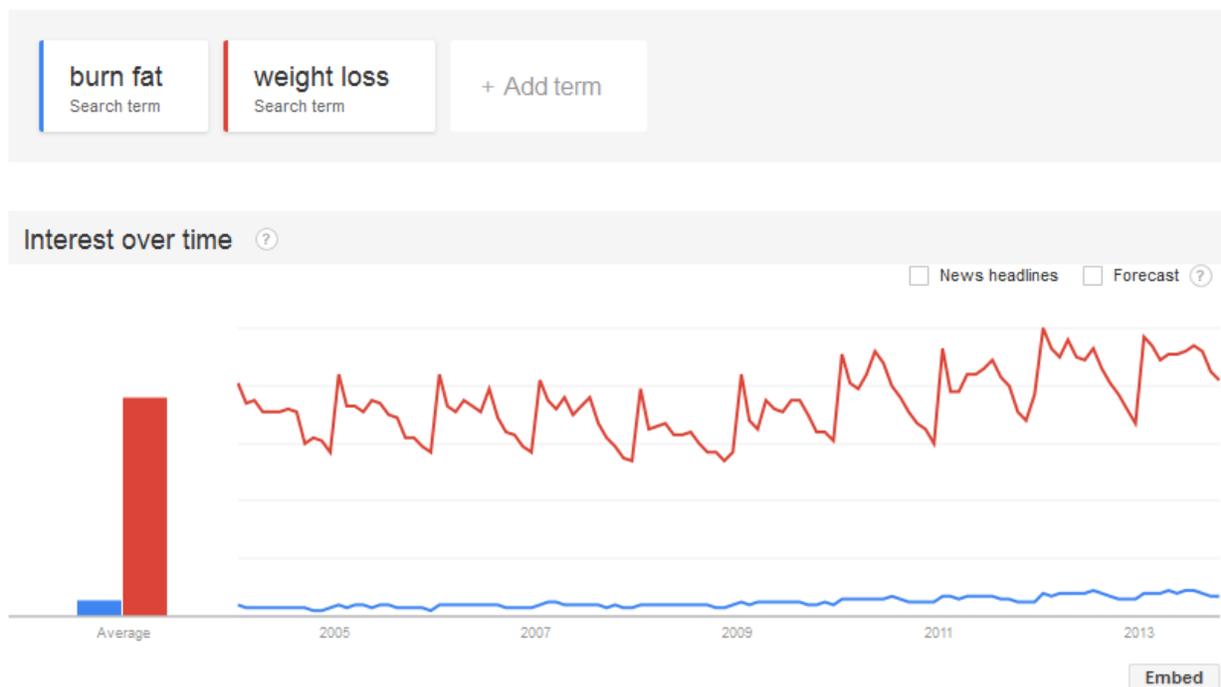


It's easy to see in this image the sharp decline in interest that occurs each year in December, even while overall interest is steadily rising.

This image is for the phrase 'overtraining' which is the solution at the core of **Metabolic Surge**. Again, it's clear that interest has been consistently high for several years.



Lastly, to illustrate a micro-niche within a much larger niche, take a look at the following image.



You saw how high the interest was in an earlier image for the term 'burn fat'. But look how the phrase "weight loss" minimizes it by comparison. That's why most affiliate marketers will have a hard time finding success if they try to target a niche as broad and expansive as "weight loss". And because there are so many sub-niches within the weight loss niche, they shouldn't ever have to try to target the generalized phrase "weight loss". Now that you know the 'secret', you won't ever have to do that either.

## **Why You Should Promote Metabolic Surge**

It's important to us that you know the products we suggest for you to promote are not chosen randomly. Certain criteria must be met before we recommend the product to our affiliates. For one thing, we make sure the vendor provides affiliate tools for you to work with. Nick has done that marvelously well, and you can find out more information about the resources he's making available to you at the end of this report.

These tools include eye-catching banner ads and text links, promotional articles you can use on your site for free, brandable sample books you can give away to your visitors, testimonials and even [affiliate-branded autoresponder series courses](#)!

Nick has also put together a [52-part affiliate training course](#) that will take you through every traffic-getting technique you'll ever need to make tons of commissions. He's even provided a free ebook to help you get started with Google Adwords.

Another thing we always look for in a quality affiliate product is outstanding affiliate support. Nick is only an email away for any questions, concerns or suggestions you may have. He can be reached at [betteru@fitstep.com](mailto:betteru@fitstep.com)

If you're new to affiliate marketing, you'll find a video training series in the affiliate area. These videos introduce you to some techniques for maximizing your profits, such as How to Use YouTube, Using Ezine Articles, How to do Image Captures and several more. There are 15 videos in all!

Metabolic Surge is converting at 2%-3% using the tools and techniques provided in the affiliate area.

You can earn 75% of each sale you make! Nick has multiple products you can promote in this niche and he shows you how you can qualify to earn LIFETIME commissions.

# Tips To Help You Make Money Promoting Metabolic Surge

**1.** First, I need to tell you something that's VERY important to your success. There are really only 3 steps involved in making money online:

1. Find a STARVING CROWD
2. Get your butt in front of that crowd.
3. IMPORTANT: **KEEP** your butt planted there.

Please, please, PLEASE...do NOT make the mistake that so many affiliates make by sending your starving crowd directly to the vendor's sales page.

If you link directly to the merchant, you're not paying any attention at all to Step 3...keeping YOUR butt in front of your crowd.

You're putting **his** site in front of that hungry market.

**Just don't do it.**

It doesn't matter if you're writing articles, buying solo ads, doing PPC...you want any and all of those links to point to a site YOU control, because that automatically puts **you** in control of the traffic. And the more you can control traffic...the more sales you'll have and the more consistent they'll be.

Send traffic to the sales page, of course, but make sure they stop by your site first!

**2.** It can be incredibly helpful to spend a little time hanging out where your market is hanging out. Go to Google and type weight training forum into the search box (or lose fat, keep muscle or bodybuilding, just to name a few). You'll find loads of groups, forums, message boards and social sites where people are desperately seeking solutions for losing fat and maintaining muscle.

**3.** There are a number of proven, very successful ways to drive traffic to your site. You could probably name some yourself...and I've listed a few you can start with.

You can drive traffic to your site by using any of the following methods:

- ✿ Forums
- ✿ Newsletters
- ✿ Solo ads
- ✿ PPC

- ✿ Blog review sites
- ✿ Strategic use of your affiliate link
- ✿ Articles
- ✿ Videos
- ✿ Classified ads
- ✿ Banner ads
- ✿ Social Media
- ✿ Email
- ✿ SEO Methods (Ranking your site well)
- ✿ Offline

Some of the traffic driving methods listed above are paid, others can be used with little or no cost involved. Regardless of the method you use, if you focus on sending the most targeted traffic possible, you *greatly* increase your odds of making some *significant* cash.

If you're on a tight budget, you can start with a Squidoo lens, Hubpages, Blogger.com or Weebly.com. You can find other free platforms as well with a little research.



You can use the keywords I'm providing or do some digging around on your own to come up with some others I'm sure I haven't thought of.

After you have some sales rolling in, you can branch out and set up your **own** site, hire some article writers and then do some PPC and other forms of paid advertising. The key is to be consistent and keep on ramping it up. You can do \$100 a day...or \$1000 a day...it's up to you.

**4.** Lastly, be sure to take full advantage of all the affiliate tools and resources that Nick is providing. At the end of this report, you'll find the Affiliate Toolbox section that includes a keyword list, banner ads, links to videos, articles, autoresponder series, brandable ebooks and more, all designed for the sole purpose of helping you generate as much traffic as possible that will result in phenomenal sales volume.

## Summing It Up

1. Get in front of a starving crowd. Write a few articles (or rewrite some of the ones provided for you) and see if you can make some sales.
2. When you start making sales, it's crucial to get YOUR butt in front of them, on YOUR sites. It's great to start out with Squidoo or Blogger, but you don't own them and can't control what they do, so don't depend on them any longer than absolutely necessary.
3. Then, if you're serious about generating DAY JOB KILLING income...you've got to stay in front of these folks, build a relationship with them and do what most others won't...give up a few Saturday afternoons and spend a few late nights getting it all set up.

And always remember...*I'm rooting for ya!*

Now go ahead and scroll on down to get to the goodies in your affiliate toolbox!

**Travis**



As I've said many times before, the difference between a good product to promote and a GREAT one is often determined by the resources the product owner makes available to his or her affiliates.

I'm pleased to report that Nick has gone above and beyond to provide you with an arsenal of affiliate tools to use in promoting Metabolic Surge, as well as his other products, should you decide to promote them as well.

NOTE: Remember, you MUST insert your affiliate link into any creative you use in order to get the commissions on sales. "Creatives" just refers to any of the items the vendor has "created" for the affiliates to use. That can include banners and other images, text links, emails, articles etc.

## **Keywords List**

I've provided some keywords to get you going, but don't feel like you have to limit yourself to just what's here. The important thing is to try and think like your perfect prospect.

Keep in mind there's a real person behind each and every one of these keywords. Become your customer...get into his (or her) head and pay attention to the conversation he has with himself. Write down the questions and problems that would be on your mind if you were in his shoes. That will give you some of your best phrases.

## Root Keyword: lose fat keep muscle

Column1	Column2
body fat loss	how to lose calories
build muscle	how to lose fat without exercise
burn fat	how to lose thigh weight
burn fat exercise	how to lose weight and keep it off
burn fat gain muscle	how to lose weight with exercise
caloric intake for weight loss	how to reduce body fat
calories for weight loss	how to reduce fat
calories to eat to lose weight	how to reduce fat from body
cut body fat	how to reduce fat in body
exercise for fat loss	interval training for weight loss
exercise for losing weight	lose body fat
exercise for weight loss	lose fat fast
exercise lose weight	lose fat keep muscle
exercise to burn fat	lose weight and gain muscle
exercise to lose fat	lose weight and keep it off
exercise to reduce fat	loss fat
exercise to reduce weight	loss of muscle mass
fat burn	muscle gain
fat burn exercise	need to lose weight
fat burning tips	reduce fat
fat loss exercise	reduce thigh fat
fat loss tips	tips to lose fat
foods to burn fat	ways to burn fat
gain muscle	ways to lose body fat
gain weight and muscle	ways to lose fat
how do i lose body fat	weight loss and muscle gain
how do you lose body fat	weight loss muscle gain
how lose body fat	what to eat to lose body fat

## Root Keyword: rapid fat loss

Column1	Column2	Column3
belly burner	best weight loss program	fast easy weight loss
belly fat burner	best weight loss programs	fast fat burner
belly fat burner pills	best weight loss supplement	fast fat burning
belly fat burners	best weight loss supplements	fast fat loss
belly fat burning	body fat loss	fast healthy weight loss
belly fat burning exercises	burn belly fat	fast lose weight
belly fat burning foods	burn belly fat fast	fast way to lose weight
belly fat diet	burn body fat	fast ways to lose weight
belly fat loss	burn fat	fast weight loss diet
best belly fat burner	burn fat build muscle	fast weight loss diet plan
best diet for weight loss	burn fat diet	fast weight loss diets
best diet to lose weight	burn fat fast	fast weight loss exercises
best diets	burn stomach fat	fast weight loss pills
best diets to lose weight	burn stomach fat fast	fast weight loss plan
best exercise to burn fat	burn the fat	fast weight loss tips
best exercise to lose weight	burning belly fat	fast weight loss tricks
best exercises to lose weight	burning fat	fastest way to burn fat
best fat burner for men	burning fat fast	fastest weight loss
best fat burner for women	desperate to lose weight	fastest weight loss diet
best fat burner pills	does grapefruit burn fat	fastest weight loss method
best fat burner supplement	does green tea burn fat	fasting for weight loss
best fat burners	does rapid loss work	fasting to lose weight
best fat burners for men	drastic weight loss	fat burn
best fat burners for women	eat to lose weight	fat burn diet
best fat burning exercise	eating healthy to lose weight	fat burn pills
best fat burning foods	eating plan to lose weight	fat burn supplements
best fat burning pill	eating to lose weight	fat burner foods
best fat burning pills	effective ways to lose weight	fat burner for women
best fat burning supplement	effective weight loss	fat burner pills
best fat burning supplements	exercise for weight loss	fat burner pills for men
best fat loss pills	exercise plan to lose weight	fat burner reviews
best fat loss supplement	exercise to lose weight	fat burner supplement
best tips to lose weight	exercises to lose weight	fat burner supplements
best way to burn fat	extreme fat burner	fat burner tablets
best way to loose weight	extreme fat loss	fat burners for men
best way to lose fat	extreme weight loss methods	fat burners for women
best weight loss	fast diets	fat burners that work
best weight loss diet	fast diets that work	fat burning

Column4	Column5	Column6
fat burning belt	fat pills	how to burn fat
fat burning cream	fatburners	how to burn fat fast
fat burning diet	fatloss	how to burn fat faster
fat burning diets	food for weight loss	how to loose weight fast
fat burning drinks	food plan to lose weight	how to lose fat
fat burning exercises	food to lose weight	how to lose fat fast
fat burning food	foods for fat loss	how to lose tummy fat
fat burning foods for men	foods for weight loss	how to lose weight easily
fat burning foods for women	foods that burn belly fat	how to lose weight easy
fat burning furnace	foods that burn fat fast	how to lose weight effectively
fat burning furnace scam	foods that help burn fat	how to lose weight healthy
fat burning meals	foods to burn fat	how to lose weight in 7 days
fat burning pill	foods to help lose weight	how to lose weight naturally
fat burning pills	healthy diet for weight loss	how to lose weight quick
fat burning pills for men	healthy diet plan	how to lose weight rapidly
fat burning pills for women	healthy diet to lose weight	how to lose weight safely
fat burning recipes	healthy diets to lose weight	how to lose weight tips
fat burning smoothies	healthy foods to lose weight	how to loss weight
fat burning supplement	healthy recipes for weight loss	how to loss weight fast
fat burning supplements	healthy way to lose weight	how to quickly lose weight
fat burning supplements for men	healthy ways to lose weight	how to really lose weight
fat burning supplements for women	healthy weight loss	how to reduce weight fast
fat burning tablets	healthy weight loss diet	how to successfully lose weight
fat burning tea	healthy weight loss tips	hypnosis for weight loss
fat burning tips	help lose weight	i can t lose weight
fat burning workouts	help losing weight	i need help losing weight
fat lose	help me lose weight	i need to lose weight
fat loss	help me lose weight fast	i want to lose weight
fat loss 4 idiots	help to lose weight	increase metabolism
fat loss diet plan	herbal weight loss	instant weight loss
fat loss diets	herbs for weight loss	l carnitine weight loss
fat loss foods	home remedies to lose weight	la weight loss
fat loss for idiots	how 2 lose weight	laser weight loss
fat loss pills	how can i lose weight	laxatives for weight loss
fat loss plan	how can you lose weight	liquid diet weight loss
fat loss program	how do i lose weight	loose weight
fat loss supplements	how do you lose weight	loose weight fast
fat loss tips	how lose weight fast	loosing weight

Column7	Column8	Column9
lose 10 pounds	lose weight super fast	prescription weight loss pills
lose 10 pounds fast	lose weight tips	quick and easy weight loss
lose belly fat fast	lose weight without dieting	quick diets
lose body fat	lose weight without exercise	quick diets that work
lose body fat fast	losing belly fat	quick fat loss
lose fat	losing fat	quick way to lose weight
lose fat diet	losing weight diet	quick ways to lose weight
lose fat fast	losing weight quickly	quick weight loss diet
lose stomach fat	losing weight tips	quick weight loss diet plan
lose stomach fat fast	loss fat	quick weight loss diets
lose weight diet	loss of weight	quick weight loss foods
lose weight diet plan	loss weight	quick weight loss pills
lose weight easily	loss weight fast	quick weight loss plan
lose weight easy	lost weight	quick weight loss program
lose weight fast diet	lyle mcdonald rapid fat loss	quick weight loss reviews
lose weight fast diets	meal plan to lose weight	quick weight loss tips
lose weight fast naturally	meal plans for weight loss	quick weight loss tricks
lose weight fast tips	medical weight loss	quickest way to burn fat
lose weight faster	meltdown fat burner	quickest weight loss
lose weight food	metabolism boosters	rapid burn
lose weight in 10 days	metamucil weight loss	rapid fat loss
lose weight in 2 weeks	most effective diet	rapid fat loss diet
lose weight in 3 days	most effective fat burner	rapid fat loss handbook
lose weight in 7 days	motivation to lose weight	rapid loss
lose weight in a month	natural fat burner	rapid loss free trial
lose weight in a week	natural fat burners	rapid loss review
lose weight in one week	natural fat burning foods	rapid loss reviews
lose weight naturally	natural fat burning supplements	rapid loss shakes
lose weight now	natural weight loss	rapid weight loss
lose weight pills	natural weight loss supplements	rapid weight loss diet
lose weight plan	natural weight loss tips	rapid weight loss diets
lose weight program	need to lose weight	rapid weight loss pills
lose weight programs	need to lose weight fast	rapid weight loss techniques
lose weight quick	new weight loss	rapid weight loss tips
lose weight quick diet	online weight loss	real weight loss
lose weight quickly	permanent weight loss	recipes to lose weight
lose weight really fast	pills to lose weight	reduce weight
lose weight shakes	plan to lose weight	safe weight loss

## Column10

serious weight loss

simple diet to lose weight

slim fast diet

slimming

slimming pills

stomach fat burning foods

strongest fat burner

super fast weight loss

super fat burner

supplements for weight loss

the best fat burner

the best weight loss program

the rapid fat loss handbook

thermogenic

thermogenic fat burner

thermogenic fat burners

thermogenics

top 10 fat burners

top 10 fat burning foods

top fat burner

top fat burners

top fat burning foods

top fat burning supplements

top rated fat burners

top ten fat burners

trying to lose weight

ultimate fat burner

want to lose weight

want to lose weight fast

way to lose weight

way to lose weight fast

ways to lose weight

ways to lose weight fast

what burns fat

what foods burn belly fat

what foods burn fat

## Root Keyword: boost metabolism

Column1	Column2
banish fat boost metabolism	boost metabolism supplements
banish fat boost metabolism results	boost metabolism to lose weight
best exercise to lose weight	boost metabolism vitamins
best food to boost metabolism	boost my metabolism
best foods to boost metabolism	boost the metabolism
best foods to boost metabolism and burn fat	boost up metabolism
best foods to boost metabolism and lose weight	boost up your metabolism
best metabolism booster	boost weight loss
best metabolism booster supplements	boost your metabolism
best metabolism boosters	boost your metabolism diet
best metabolism boosting foods	boost your metabolism fast
best pill to boost metabolism	boost your metabolism foods
best pills to boost metabolism	boost your metabolism naturally
best supplement to boost metabolism	boosting metabolism
best supplements to boost metabolism	boosting metabolism after 40
best vitamin to boost metabolism	boosting metabolism foods
best vitamins to boost metabolism	boosting metabolism for weight loss
best way to boost metabolism	boosting metabolism naturally
best way to boost your metabolism	boosting metabolism pills
best way to increase metabolism	boosting the metabolism
best ways to boost metabolism	boosting your metabolism
best ways to increase metabolism	boosting your metabolism for dummies
boost metabolic rate	boosting your metabolism for weight loss
boost metabolism	boosts metabolism
boost metabolism and lose weight	burn fat boost metabolism
boost metabolism burn fat	caffeine boost metabolism
boost metabolism diet	can you boost your metabolism
boost metabolism diet plan	can you increase your metabolism
boost metabolism fast	cinnamon boost metabolism
boost metabolism food	coffee boosts metabolism
boost metabolism foods	diet to boost metabolism
boost metabolism foods to eat	diet to boost metabolism and lose weight
boost metabolism in the morning	diet to increase metabolism
boost metabolism jillian michaels	diet to lose weight
boost metabolism lose weight	diet to lose weight fast
boost metabolism naturally	dieting tips
boost metabolism naturally to lose weight	diets for losing weight
boost metabolism pills	diets for quick weight loss

Column3	Column4
diets for weight loss	foods boost metabolism
diets that boost metabolism	foods boosting metabolism
diets to boost metabolism	foods for boosting metabolism
diets to lose weight	foods for losing weight
diets to lose weight fast	foods for metabolism
does caffeine boost metabolism	foods increase metabolism
does cinnamon boost metabolism	foods not to eat to lose weight
does cinnamon boost your metabolism	foods that boost metabolism
does coffee boost metabolism	foods that boost metabolism and burn fat
does coffee boost your metabolism	foods that boost metabolism for men
does green tea boost metabolism	foods that boost metabolism for weight loss
does green tea boost your metabolism	foods that boost metabolism for women
eating to boost metabolism	foods that boost metabolism to lose weight
exercise to boost metabolism	foods that boost the metabolism
exercises to boost metabolism	foods that boost your metabolism
fastest way to boost metabolism	foods that boost your metabolism and burn fat
fastest way to boost your metabolism	foods that boost your metabolism and help you lose weight
fastest ways to burn fat	foods that burn fat and boost metabolism
fat burning	foods that burn fat fast and increase metabolism
fat burning diet	foods that help boost metabolism
fat burning pills	foods that help boost your metabolism
fat metabolism diet	foods that help metabolism
food boost metabolism	foods that increase metabolism
food that boost metabolism	foods that increase your metabolism
food that boost your metabolism	foods that naturally boost metabolism
food that boosts metabolism	foods that raise your metabolism
food that boosts metabolism to burn fat	foods that speed metabolism
food that boosts your metabolism	foods that speed up metabolism
food that helps boost metabolism	foods that will boost metabolism
food that speed up metabolism	foods that will boost your metabolism
food that speeds up metabolism	foods the boost metabolism
food to boost metabolism	foods to boost metabolism
food to boost metabolism naturally	foods to boost metabolism and burn fat
food to boost your metabolism	foods to boost metabolism and lose weight
food to increase metabolism	foods to boost metabolism fast
food to increase metabolism to lose weight	foods to boost metabolism naturally
food to speed up metabolism	foods to boost your metabolism
foods and drinks that boost metabolism	foods to boost your metabolism burn fat & lose weight

Column5	Column6
foods to eat on a diet	how to boost metabolism
foods to eat to boost metabolism	how to boost metabolism and lose weight
foods to eat to boost metabolism and burn fat	how to boost metabolism fast
foods to eat to boost your metabolism	how to boost metabolism for weight loss
foods to eat to lose weight	how to boost metabolism in women
foods to eat to lose weight fast	how to boost metabolism naturally
foods to eat when on a diet	how to boost metabolism naturally to lose weight
foods to help boost metabolism	how to boost metabolism to lose weight
foods to help boost your metabolism	how to boost metabolism to lose weight fast
foods to help you lose weight by boosting your metabolism	how to boost my metabolism
foods to increase metabolism	how to boost my metabolism fast
foods to increase your metabolism	how to boost the metabolism
foods to speed up metabolism	how to boost the metabolism to lose weight
high metabolism foods	how to boost up metabolism
home remedies to boost metabolism	how to boost up your metabolism
how boost metabolism	how to boost your metabolism
how boost your metabolism	how to boost your metabolism and lose weight
how can i boost my metabolism	how to boost your metabolism fast
how can you boost metabolism	how to boost your metabolism for women
how can you boost your metabolism	how to boost your metabolism naturally
how can you increase your metabolism	how to boost your metabolism quickly
how do i boost metabolism	how to boost your metabolism to lose weight
how do i boost my metabolism	how to burn fat fast
how do i lose weight	how to improve your metabolism
how do you boost metabolism	how to increase metabolism fast
how do you boost your metabolism	how to increase metabolism naturally
how do you boost your metabolism fast	how to increase metabolism rate
how do you boost your metabolism naturally	how to increase metabolism to lose weight
how do you boost your metabolism to lose weight	how to increase my metabolism
how do you gain weight fast	how to increase weight loss
how do you increase metabolism	how to increase your metabolism
how do you increase your metabolism	how to increase your metabolism fast
how do you lose weight	how to increase your metabolism for women
how fast can you lose weight	how to increase your metabolism naturally
how increase metabolism	how to increase your metabolism to lose weight
how lose weight	how to jump start metabolism
how lose weight fast	how to kickstart your metabolism
how to accelerate your metabolism	how to naturally boost metabolism

Column7	Column8
how to naturally boost your metabolism	metabolism boosters for women
how to naturally increase metabolism	metabolism boosters pills
how to naturally lose weight	metabolism boosters supplements
how to raise your metabolism	metabolism boosting
how to rev up metabolism	metabolism boosting diet
how to speed metabolism	metabolism boosting drinks
how to speed up metabolism	metabolism boosting food
how to speed up your metabolism to lose weight	metabolism boosting foods
improve metabolism	metabolism boosting foods for weight loss
increase metabolic rate	metabolism boosting foods for women
increase metabolism	metabolism boosting pills
increase metabolism diet	metabolism boosting recipes
increase metabolism foods	metabolism boosting supplements
increase metabolism naturally	metabolism boosting vitamins
increase metabolism pills	metabolism diet
increase metabolism rate	metabolism diet plan
increase metabolism supplements	metabolism foods
increase my metabolism	metabolism increase
increase weight loss	metabolism pills
increase your metabolism	metabolism pills for women
increasing metabolism	metabolism speed up
increasing your metabolism	metabolism supplements
jump start metabolism	metabolism type
jumpstart your metabolism	metabolism vitamins
kick start metabolism	metabolism weight loss
master your metabolism	metamucil weight loss
meal plan to boost metabolism	most effective diet
metabolic boost	motivation to lose weight
metabolic boosters	natural foods that boost metabolism
metabolic diet	natural foods to boost metabolism
metabolic weight loss	natural metabolism booster
metabolism and weight loss	natural metabolism boosters
metabolism boost	natural metabolism boosting foods
metabolism booster	natural supplements to boost metabolism
metabolism booster pills	natural way to boost metabolism
metabolism booster supplements	natural way to boost metabolism weight loss
metabolism boosters	natural way to increase metabolism
metabolism boosters for men	natural way to lose weight

Column9	Column10
natural ways to boost metabolism	superfoods to boost metabolism
natural ways to boost metabolism fast	supplement to boost metabolism
natural ways to boost your metabolism	supplement to increase metabolism
natural ways to increase energy	supplements for metabolism
natural ways to increase metabolism	supplements that boost metabolism
natural weight loss	supplements that increase metabolism
naturally boost metabolism	supplements to boost metabolism
naturally boost metabolism to lose weight	supplements to increase metabolism
naturally increase metabolism	supplements to speed up metabolism
need to lose weight	tablets to boost metabolism
need to lose weight fast	tea that boosts metabolism
number one way to boost metabolism	tea to boost metabolism
nutrition plan for weight loss	teas that boost metabolism
obesity help	the fastest way to lose weight
protein boost metabolism	the metabolism diet
protein diet plan	things that boost metabolism
raise metabolism	things that boost your metabolism
raise your metabolism	things that speed up metabolism
rapid weight loss diets	things to boost metabolism
reduce weight	things to boost your metabolism
rev up metabolism	tips for losing weight
running boost metabolism	tips for weight loss
safe weight loss	tips on losing weight
smoothies that boost metabolism	tips to boost metabolism
snacks that boost metabolism	tips to lose weight
speed metabolism	to boost metabolism
speed up metabolism	to boost your metabolism
speed up metabolism diet	to increase metabolism
speed up metabolism men	top foods that boost metabolism
speed up metabolism naturally	top foods to boost metabolism
speed up metabolism pills	top ways to boost metabolism
speed up metabolism supplement	tricks to boost metabolism
speed up my metabolism	vegetables that boost metabolism
speed up your metabolism	veggies that boost metabolism
speed your metabolism	vitamin that boosts metabolism
speeding up metabolism	vitamin to boost metabolism
speeding up your metabolism	vitamin to increase metabolism
spices that boost metabolism	vitamins boost metabolism

Column11	Column12
vitamins for metabolism	what can boost your metabolism
vitamins for metabolism boost	what can i eat to lose weight
vitamins for weight loss	what can i eat to lose weight fast
vitamins that boost metabolism	what food boost metabolism
vitamins that boost your metabolism	what food boosts your metabolism
vitamins that help boost metabolism	what foods boost metabolism
vitamins that increase metabolism	what foods boost metabolism and burn fat
vitamins that speed up metabolism	what foods boost your metabolism
vitamins to boost metabolism	what foods boost your metabolism fast
vitamins to boost your metabolism	what foods can boost your metabolism
vitamins to help boost metabolism	what foods help boost metabolism
vitamins to increase metabolism	what foods help boost your metabolism
vitamins to speed up metabolism	what foods increase metabolism
want to lose weight	what foods increase your metabolism
way to boost metabolism	what foods speed up metabolism
ways of losing weight	what foods to eat on a diet
ways to boost metabolism	what foods to eat to boost metabolism
ways to boost metabolism and lose weight	what foods to eat to lose weight
ways to boost metabolism fast	what foods to eat to lose weight fast
ways to boost metabolism for weight loss	what helps boost metabolism
ways to boost metabolism to lose weight	what helps boost your metabolism
ways to boost your metabolism	what helps speed up metabolism
ways to boost your metabolism and lose weight	what increases metabolism
ways to burn fat fast	what increases your metabolism
ways to increase metabolism	what is the fastest way to lose weight
ways to increase your metabolism	what is your metabolism
ways to lose weight fast	what not to eat to lose weight
ways to naturally boost metabolism	what speeds up metabolism
ways to speed up metabolism	what speeds up your metabolism
what are foods that boost metabolism	what to do to boost metabolism
what are ways to boost your metabolism	what to eat for a healthy diet
what boost metabolism	what to eat for weight loss
what boost your metabolism	what to eat on a diet to lose weight
what boosts metabolism	what to eat to boost metabolism
what boosts metabolism fast	what to eat to boost your metabolism
what boosts your metabolism	what to eat to increase metabolism
what can boost metabolism	what to eat to lose weight
what can boost your metabolic rate	what to eat to lose weight fast

**Column13**

what to eat when losing weight

what to eat when on a diet to lose weight

what to take to boost metabolism

what vitamins boost metabolism

what vitamins increase metabolism

what will boost metabolism

which foods boost metabolism

which foods boost your metabolism

## Banners

**Burn the Fat...**

**KEEP Your Muscle...**



**Find out how**

**Burn the Fat**

**KEEP Your Muscle**



**Find out how**

**Burn the Fat...  
KEEP Your Muscle...**

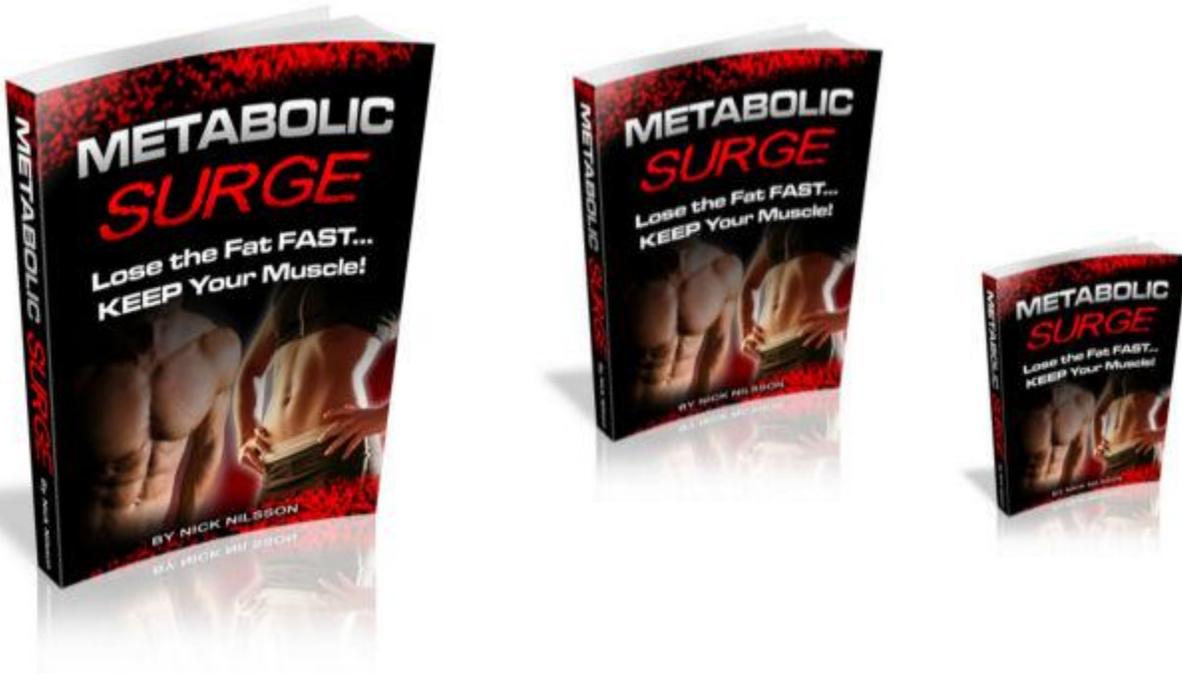


**Find out how**

Nick says if you have any requests for colors or sizes, just submit a ticket to his helpdesk and he'll be glad to put something together.

<http://www.fitstep.com/helpdesk/>

## Cover Graphics



## Free Brandable Sample Report

Everyone loves free stuff. To help you market your affiliate link, Nick has put together a brandable e-book that contains excerpts from the "Metabolic Surge" book.

### What is branding?

Branding simply means that you can place your company name, URL, e-mail and affiliate link inside the book so that everyone who downloads this sample book from you will have your name and your affiliate link inside of it!

Nowhere in this free e-book is there a direct link to the sales page of the website. Every single person who downloads the book MUST go through your affiliate link to purchase it. This protects your affiliate commission. Plus, once they've visited the site, a cookie is placed on their computer to ensure you always get credit for the sale, regardless of when they decide to purchase.

You can download the zip file containing the brandable e-book, the branding program and the complete, easy-to-follow instructions for performing the branding immediately. It's very easy to do and thoroughly explained in the "readme" file included in the zip package.

[Click Here](#) to download the zip file.

### **Suggested Marketing Techniques:**

- Offer the book as a reward for subscribing to your newsletter.
- The book can be a free download from your website - for best results, place the download link in a prominent spot on your homepage.
- Use it as a valuable bonus for when people buy another product you sell (suggested value - \$9.95).

## **Other Valuable Tools and Resources**

[\*\*Affiliate Sign-up Page\*\*](#)

[\*\*Metabolic Surge Swipe Emails\*\*](#)

[\*\*Metabolic Surge Swipe Emails in Spanish\*\*](#)

[\*\*Link Generator\*\*](#)

[\*\*How to Get Lifetime Commissions\*\*](#)

[\*\*52 Part Affiliate Training Course\*\*](#)

[\*\*Affiliate Training Videos\*\*](#)

[\*\*Free Fitness eBooks\*\*](#)

[\*\*Free Fitness Articles\*\*](#)